Table 1

The Five Constructs of the Learning-Centered Teaching Approach and the Essential Actions Associated with Each Construct

Construct	Essential Actions Associated with Each Construct
Role of Instructor	 Develops learning outcomes Uses appropriate teaching/learning methods Aligns objectives, teaching/learning methods, and outcomes Creates supportive and success-oriented environment Creates inclusive environment States teaching/learning methods explicitly
Development of Student Responsibility for Learning	 Sets expectations for students to take responsibility for learning Provides scaffolding learning support, then allows for greater student independence as the course proceeds Develops student learning skills Develops student self-directed, lifelong learning skills Fosters student reflection and critical review Fosters use of metacognitive skills, habits of mind
Function of Content	 Uses organizing scheme Promotes meaningful student engagement with the content Fosters development of discipline-specific methodologies Helps students understand why they learn content Fosters thinking in discipline Helps students acquire in-depth conceptual understanding that facilitates future learning

Purposes and Processes of Student Assessment	 Integrates assessment and learning Uses fair, objective, and consistent assessment policies and standards
	• Uses student peer and self-assessment
	• Allows students ability to learn from mistakes
	• Uses authentic assessment
	Balance of Power
• Provides syllabus that demonstrates that students and instructors share power	
• Allows for some flexibility in policies and practices	
 Provides varied student opportunities to learn 	
• Empowers student learning through appropriate freedom of expression	
Responds to student feedback	

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